

Treatment Plan

Treatment Plan for: _____ Date: _____

Limitations of activities of daily living:

Treatment plan discussed with Client:

Yes No

Clients Goal / Treatment Goal:

Received informed consent for treatment plan:

Yes No

Type / Focus of Treatment:

Frequency: _____

Duration: _____

Areas to be treated:

Back

Arm L R

Chest

Neck

Leg L R

Breast

Shoulders

Gluteus

Other (list)

Face

Abdominals

Assessments Performed:

Anticipated Progression of Responses:

Results of Assessments:

Remedial exercises recommended:

Reassessment Schedule:

Contraindications / Risks:

Referrals:

